

Goal Attainment Scale — Set Goals

Date:	Subject:	Signature:
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Chosen Goal: _____

Date Goal Set: _____

Targeted Date for Achievement: _____

Goal Attainment Scale:		
+2	Much more than expected	
+1	Somewhat more than expected	
0	Expected outcome	
-1	Somewhat less than expected	
-2	Much less than expected	

Importance Rating Scale:		
0	Not at all important	
1	A little important	
2	Moderately important	
3	Very important	

Difficulty Rating Scale:		
0	Not at all difficult	
1	A little difficult	
2	Moderately difficult	
3	Very difficult	