Observational Gait Scale (OGS) Tool

SCALE SECTIONS		SCORING & DEFINITIONS		L	R
1. Knee Position in Midstance	*Crouch*	**0** = Severe > 15˚		**0**	**0**
		1 = Moderate > 10˚ to 15˚		**1**	**1**
		2 = Mild < 10˚		**2**	**2**
		3 = Neutral		**3**	**3**
	Recurvatum	**2** = Mild < 5˚		**2**	**2**
		1 = Moderate 5˚ to 10˚		**1**	**1**
		0 = Severe > 10˚		**0**	**0**
2. Initial Foot Contact		**0** = Toe		**0**	**0**
		1 = Forefoot		**1**	**1**
		2 = Foot-flat		**2**	**2**
		3 = Heel		**3**	**3**
3. Foot Contact at Midstance		**-1** = Toe/Toe		**0**	**0**
		0 = Foot-Flat/Early Heel Rise		**-1**	**-1**
		1 = Foot-Flat/No Early Heel Rise		**1**	**1**
		2 = Occasional Heel/Foot Flat		**2**	**2**
		3 = Heel/Toe (Normal Roll-Over)		**3**	**3**
4. Timing of Heel Rise		**0** = No Heel Contact (Fixed Equinus)		**0**	**0**
		1 = Before 25% Stance (Very Early)		**1**	**1**
		2 = Between 25-50% Stance (Slight Early)		**2**	**2**
		3 = At Terminal Stance		**3**	**3**
		0 = No Heel Rise (After Foot-Flat i.e. Crouch)		**0**	**0**
5. Hindfoot at Midstance		**0** = Varus		**0**	**0**
		1 = Valgus		**1**	**1**
		2 = Neutral		**2**	**2**
6. Base of Support		**0** = Frank Scissoring		**0**	**0**
		1 = Narrow Base (Poor Knee Clearance)		**1**	**1**
		2 = Wide Base		**2**	**2**
		3 = Normal Base (Width of Shoulders)		**3**	**3**
7. Gait Assistive Devices		**0** = Walker (Forward/Posterior) with Assistance		**0**	**0**
		1 = Walker (Independent)		**1**	**1**
		2 = Crutches, Sticks		**2**	**2**
		3 = None, Independent for 10m		**3**	**3**
8. Change		**-1** = Worse		**-1**	**-1**
		1 = None		**1**	**1**
		2 = Better		**2**	**2**
Total (max 22)					